

### Macquarie University Hospital

#### Before your Surgery Day:

1. **Contact your health fund:**

After you receive your operation quote from Dr Piper, please phone your private health fund to confirm the “out of pocket” expense for the surgery and hospital admission. The item numbers are listed on the quotation.

2. **Complete and return the admission booklet:**

Please ensure that you complete the admission form and return it to Macquarie University Hospital **at least 5 days prior to your admission**. The booklet can be emailed, faxed or handed in by person to the reception desk at the hospital. Contact details are on the inside cover of the booklet. If you email or fax, please bring the original on the day of your surgery. Please do not return the booklet to Dr Piper’s office.

3. **Preadmission Clinic:**

If required, please ensure you have attended the preadmission clinic prior to your surgery day. Blood tests, a chest x-ray and an ECG if usually performed prior to having a general anaesthetic, if you are over 60.

4. **Blood Tests:**

If required, please ensure you have your blood tests completed at least one week prior to your surgery day. A Hepatitis and HIV screen is done on all patients for safety purposes. If you are attending the preadmission clinic, blood tests will be performed during your appointment.

5. **Medication:**

If you are taking Aspirin or anti-inflammatory tablets or Natural Medications (eg Glucosamine, Garlic, Fish Oil, Gingko) **stop these medications 10 days prior to your surgery. If you are on Warfarin, please discuss stopping your Warfarin with Dr Piper.**

6. **Admission Office:**

Please phone the admission office on **02 9812 3000** between 2:30pm and 4:00pm the day before your surgery to check your **admission and fasting time**.

**Please take care of yourself prior to your surgery – cuts, burns and abrasions increase the risk of infection and may delay your surgery.**

#### On your surgery day:

7. **Ensure you fast prior to your surgery (usually nothing to eat or drink after midnight).**

8. **Bring x-rays, CT and ultrasound scans and MRI’s with you to the hospital.**

If you have any queries, please phone Jude Grant (Practice Manger) on 02 9113 0606.